Sri Lanka

[](http://www.google.com/url?url=http://www.mapsofworld.com/flags/sri-lanka-flag.html&rct=j&frm=1&q=&esrc=s&sa=U&ved=0ahUKEwiCzJSu_9PJAhULbz4KHRiDCc8QwW4IGDAB&usg=AFQjCNHiqHIFjrQrl7vY3wujbT_bNQwDZQ)

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Tea

Tea is one of Sri Lanka major export. Most tea estates in Sri Lanka were first owned by British companies. In 1971 the Sri Lanka government took over these companies. There are thousands of varieties of tea that exist in Sri Lanka. Some companies buy Sri Lanka in bulk and blend it with other teas from other countries to make their own distinct flavors.

[](http://www.google.com/url?url=http://www.telegraph.co.uk/travel/destinations/asia/srilanka/8799080/Sri-Lanka-Temples-and-tea-leaves.html&rct=j&frm=1&q=&esrc=s&sa=U&ved=0ahUKEwjg8MP8gtTJAhVIPj4KHcvNBBkQwW4IIjAG&usg=AFQjCNGB6wkxYvnI9j5YRm0BE_obHBcIMg)

tea from sri lanka

Food

Many Sri Lanka dishes consist of rice, vegetables, and seafood.

For breakfast women light a wooden stove to cook rice-based dished. One traditional food is hopper, to make hopper women pour a rice mixture into a small bowl. Then they cover the bowls and heat them slowly. Sometimes they break an egg in the middle of the hopper while they are being cooked. Sometime hopper are eaten with a vegetables spiced with cinnamon. Pittu is a mix of rice flour and grated coconut steamed in a bamboo tube. Sambal is a mix of chili peppers, spices, and grated coconut. Spices are an important ingredient in any Sri Lankan recipe.

[](https://en.wikipedia.org/wiki/Sri_Lankan_cuisine?sa=X&ved=0ahUKEwjMhtn__9PJAhXGHT4KHTihDqIQ9QEIGTAA)

This a hopper

Holidays

Although Sri Lanka is mostly a Buddhist county. Christmas is still celebrated as a public holiday by everyone. The candy cane started about 400 years ago with only the white stripe then in 1897 the red stripe appeared. The first Christmas card appeared in America in 1846, but they were expensive and not affordable.

[](http://www.google.com/url?url=http://www.sundaytimes.lk/101226/Plus/plus_08.html&rct=j&frm=1&q=&esrc=s&sa=U&ved=0ahUKEwjqt__IgNTJAhVKbD4KHfpdDIYQwW4ILjAM&usg=AFQjCNEPAnPHRrpioLCHYcZHXsZJOTXBaw)

Clothes

Sri Lanka people wear many different types of western clothes. Centuries ago stitched clothes were not common. Saris are one of many traditional type of clothes that are worn by Sri Lanka people. Many of saris are 6 yards long (5.5 meters). Usually one end of the saris is tucked into an undershirt then the saris are loosely draped over the left shoulder. Many of Sri Lanka women prefer to wear the traditional redde-hatte instead of saris. The redde is a 7-feet long (2-m) piece of cloth that is wrapped around the waist and falls to the ankles.

[](http://www.google.com/url?url=http://www.kaymu.lk/going-away-designer-saree-78483.html&rct=j&frm=1&q=&esrc=s&sa=U&ved=0ahUKEwiXuZDogdTJAhULVT4KHTePCGoQwW4IOjAR&usg=AFQjCNHBFqcFVvzmfMUoodTpY2qG6GaLkA)

**This is a saris**