**Excerpt - "Lose Yourself" LYRICS**

Look, if you had one shot, or one opportunity  
To seize everything you ever wanted. one moment  
Would you capture it or just let it slip?  
Yo  
  
His palms are sweaty, knees weak, arms are heavy  
There's vomit on his sweater already, mom's spaghetti  
He's nervous, but on the surface he looks calm and ready to drop bombs,  
But he keeps on forgetting what he wrote down,  
The whole crowd goes so loud  
He opens his mouth, but the words won't come out  
He's choking how, everybody's joking now  
The clock's run out, time's up, over, bloah!  
Snap back to reality, Oh there goes gravity  
Oh, there goes Rabbit, he choked  
He's so mad, but he won't give up that  
Easy, no  
He won't have it, he knows his whole back's to these ropes  
It don't matter, he's dope  
He knows that but he's broke  
He's so stagnant, he knows  
When he goes back to his mobile home, that's when it's  
Back to the lab again, yo  
This whole rhapsody  
He better go capture this moment and hope it don't pass him  
  
*[Hook:]*  
You better lose yourself in the music, the moment  
You own it, you better never let it go  
You only get one shot, do not miss your chance to blow  
This opportunity comes once in a lifetime yo  
You better lose yourself in the music, the moment  
You own it, you better never let it go  
You only get one shot, do not miss your chance to blow  
This opportunity comes once in a lifetime yo  
(You better)  
  
*[Hook]*  
  
You can do anything you set your mind to, man